



# TECH GUIDE

December 2nd and 3rd  
Nash Farm Park  
Hampton, GA

USA Cycling Permit #: 2023-8154

brought to you by:

**EAST POINT**  
TRACK CLUB



# NASH DASH TECH GUIDE

**ABOUT US:** The East Point Track Club is hosting the sixth cyclo-cross race in its history. Our first race was at the Atlanta Motor Speedway. However with the speedway selling part of their property to the local airport we decided to move a few miles to Nash Farm Park.

**DIRECTIONS:** The farm is located at: 100 Babbs Mill Rd, Hampton, GA 30228. The finish straight will be visible from the road parking anywhere in the field. Please stay in the parking lanes. Registration is located in the smaller white building north of the start/finish straight.

**LODGING:** There are numerous hotels on Interstate 75 in the McDonough area which will be 15 minutes from the race.

**EXPO AREA:** Will be under the large pavilion with food and beer sales.

Race numbers and Results: Numbers will be on the left. We will be running chips for all races. Please mount them on the left fork or left ankle. Results will be posted after each race. Same bib numbers for both days. Results will be posted at registration . Please do not remove the posted results. Chips need to be returned Sunday after your last race of the day.

**HOSPITAL:** Piedmont Henry: 1133 Eagles Landing Parkway: Stockbridge, GA 30281: 678-604-1000

## CONTACTS:

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Jim Hodgson  
Announcers

Jennie Hartley  
Medical Director  
(404) 821-3177



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## OFFICIALS:

PCP	Nee, Thomas, NY
Asst. PCP	Newcastle, Mimi, MD
Secretary	Tosun, Ugur, MN
Finish Judge	Brady, Steve, GA
Asst. Judge	Rasser, Chiyoko, GA
Member	Patton, Scott, GA
Member	Thomas, Mike, NC

## VENUE INFORMATION:

Registration will open and riding can begin at 7am each day.

Friday will be open training past 2pm but course construction may be ongoing.

**COURSE:** rolling fast farmland with lots of grass. Long headwind semi-paved start straight leads into the first pit entrance. Lots of grass working our way to the spectator pavilion. Huge off camber chicane leads to the set of barriers. Back to the pits and then heading to the woods. Wind through the woods to the runup and power back to the finish line. Day 2 will have slight changes of chicane and woods entrance and exit.

**AWARDS:** UCI will be 15 minutes after the end of each UCI race. Podiums are near the pavilion. USAC awards will be after the event approximately 30 minutes after race conclusion.

**OFFICIATING:** There are 4 UCI C2 races per day Elite Men; Elite Women; Junior Men; Junior Women and will be conducted under UCI Regulations and Penalties. The other categories will be run under USA Cycling rules and regulations.

**STAGING:** UCI Elite and Junior Events (UCI rule 5.1.043): starting order to be determined by latest published UCI cyclo-cross ranking, as posted on [www.uci.ch](http://www.uci.ch). Riders with highest UCI points are staged first. Remaining riders without points will be staged by random lot. Start Line Protocol: racers must report to the holding pen adjacent to the starting grid for staging 15 minutes before the start of their race. Riders who miss their call-up must present themselves to the commissaires for tire and number check. They will be staged in the next available slot.



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**LAPPED RIDERS:** The exact procedures for pulling/finishing of lapped riders will be explained at the start of each wave. During the amateur events, officials will do their best to not pull riders unless absolutely necessary. "Early bell" may be given to the riders to notify lapped or out of contention riders that the end of the allotted time of the race is approaching. The lap cards will display 1 lap to go and the bell shall be rung with about 1.3 times the first lap time remaining in the race. o Riders who are overtaken by the race leaders on the course must give way and may not interfere with the leaders in any way. Riders who are caught by the first rider to get the bell will finish on the same lap as that rider and will be placed according to number of laps ridden and their finishing time. o For the UCI Elite events, the 80% rule will be applied. For UCI Junior events, the method to be applied will be announced with the starting instructions from the Chief Commissaire.

**PIT:** There will be one double-sided pit on the course. No more than two mechanics/staff per rider in the pit. The pit official(s) are authorized to remove anyone that is interfering with the proper functioning of the pit. Only authorized personnel are allowed access to the pit and must have their pit pass displayed at all times. Pit passes will be distributed at registration to each competitor. • Pit passes will be strictly checked during the UCI events. All USAC and UCI rules for equipment changes and pit governance apply. Please always stand clear of the service lane except during bike changes. • The pit area is for the exchange of race bikes and wheels during a rider's event. On either side of pit area is the service lane, which is for riders' entry and exit only. Do not linger in the service lanes. 15 o Bike racks in the pit are for racers that are currently racing. Please remove your equipment immediately following your race. Bikes and equipment left unattended for extended periods of time may be removed by officials and event staff.

**SEVERE/INCLEMENT WEATHER** Per UCI 5.1.057, in the event of difficult weather conditions (e.g. strong winds, heavy snowfall, temperatures below -15° Celsius / 5° Fahrenheit) the president of the commissaires' panel may decide to cancel the event, after consulting the UCI technical delegate and the race director or his delegate(s).

**EQUIPMENT:** USAC (non-UCI Events) .USAC equipment rules apply. Cyclocross, mountain, hybrid bikes, etc, are allowed. Fat bikes are allowed, as long as all other rules are met. Flat bars are allowed, but bar end handles must be removed. A freewheel and working brake on each wheel is required. o The use of radios/headphones while racing is not permitted.

UCI Events UCI equipment rules apply. No flat bars or tires wider than 33mm will be allowed in UCI events. Officials will check tires in the holding pen prior to the start of the UCI races. Cameras are permitted, per UCI rule 1.3.024-ter.

## **UCI COURSE INSPECTION TIMES:**

11:45 am for 20 minutes

1:50 pm UCI only 20 minute



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CATEGORY	START TIME	DISTANCE	PRIZES	FIELD LIMIT	FEE
Junior 9-14yrs, 15-18 (Boys+Girls)	8:00 AM	25 minutes	Medals	50	\$20
Men CX 5, Women CX 5	8:40 AM	30 minutes	Medals	100	\$30
Men CX 4	9:20 AM	30 minutes	Medals	100	\$35
Men 35+ CX Cat 4/5	9:20 AM	30 minutes	Medals	100	\$35
Elite 40+, 50+, 60+ (Cat. 1-4)	10:00 AM	45 minutes	Medals	50	\$35
Men CX 2	10:55 AM	60 minutes	\$300	50	\$40
Men CX Cat 3	10:55 AM	60 minutes	\$150	50	\$40
UCI C2 Junior Women 17-18	12:10 PM	40 minutes	\$1000	100	\$60
Women CX 3	12:10 PM	40 minutes	Awards (3 deep)	100	\$35
Women CX 4	12:10 PM	40 minutes	Medals	100	\$35
Women Masters CX 40+	12:10 PM	40 minutes	Medals	50	\$35
UCI C2 Junior Men 17-18	1:00 PM	40 minutes	\$1000	100	\$60
UCI C2 Women	2:10 PM	50 minutes	\$1800	100	\$60
UCI C2 Men	3:15 PM	60 minutes	\$1800	100	\$60
Men, Women Single Speed	4:30 PM	30 minutes	Awards (3 deep)	100	\$35

## The Fine Print:

- All non-licensed racers must purchase either a one-day USAC license for \$10 and compete in the applicable CX5, Junior, Women CX4, SS, or Masters 35+ (CX5 ONLY). An annual license can be purchased on the USA Cycling website.
- Racers must race the category specified on their USAC license!!
- If a racer wishes to enter a second "Adult" race during the day, the entry fee is \$10. The entry fee for the first race is the amount of the more expensive race if applicable.
- Registration closes 15 minutes before the start of each race.
- Warm up will be permitted on the course only between events at the official's discretion and only after waiver has been signed.
- Race is held rain or shine.
- Helmets must be worn at all times while riding bike.
- Mountain bikes are permitted but bar ends must be removed.
- The promoter reserves the right to combine categories and/or prizes due to attendance. Categories under 5 racers may be combined.
- RACERS KEEP YOUR BIB NUMBERS FOR THE ENTIRE SERIES (\$5 replacement fee)
- \$10 Late Fee for Day of Registration

**Directions:** 100 Babbs Mill Rd, Hampton, GA 30228  
**Contact:** Michael Barman - barmancoach2013@gmail.com



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UCI C2 Points Break Down	
Elite Men/Women	Junior Men/Women
40	30
30	20
20	15
15	12
10	10
8	8
6	6
4	4
2	2
1	1

Payout will be by check at registration after podiums.

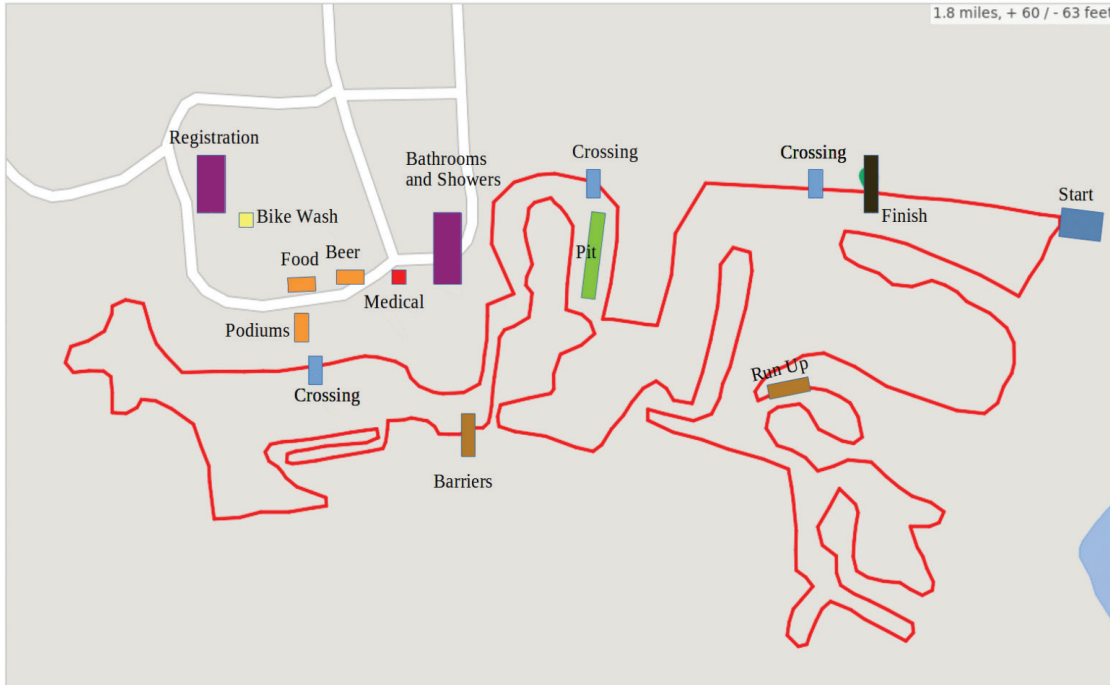
UCI C2 Payout		
Placing	Elite Men/Women	Junior Men/Women
1	400	200
2	220	125
3	130	100
4	110	80
5	100	60
6	90	60
7	80	60
8	80	45
9	80	45
10	60	45
11	60	40
12	60	35
13	50	35
14	50	35
15	40	35
16	40	
17	40	
18	40	
19	40	
20	40	



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Nash Dash 2023 Long Course = 2.9km

**RIDE**  
WITH GPS  
1.8 miles, + 60 / - 63 feet



Nash Dash 2023 Short Course Non UCI juniors and Cat 5

**RIDE**  
WITH GPS  
1.5 miles, + 42 / - 46 feet

